

Who Am I?

To my family I'm [redacted], Their Daughter, Niece, and Cousin. To my friends I'm yoyo, their Keeper, Bodyguard, and a therapist. To strangers I'm a random loud, Invasive, and crazy woman. On social media I'm a lover, Heartbroken, and a Christian. To the justice system I'm a delinquent, to men on the street I'm exotic.

On a deeper level I'm a scared girl who spends every day being someone else to Everyone. I'm trying my hardest to be everything for everyone and at the same time fix myself. Behind doors I'm an addict in active addiction and recovery all at once, a survivor, an adoptee, a family centered girl who's lost family and bonds with family trying to get it all back, a sexual assault survivor who was cursed with hypersexuality where I wish it was hypo, a Christian whose faith has been lost found and lost again.

I never really knew who I was or who I am even now. I am a mix of the people I love and loathed. I have always been what others have labeled me as whether it has been smart, a whore, or ghetto. I told an ex-boyfriend he didn't know the real me and his response was one that has stuck with me, he said "You don't even know who you are" I look back at that text at least once a week and at first it was denial then it was slow acceptance. I have been everyone's something, but I am my own nothing.

Biologically I'm a female, Emotionally I'm a girl, mentally I'm a grown woman. Ethnically I'm a mutt. Racially I'm mixed. Physically I'm an overweight young adult.

If I'm all these things, how is it I still don't know who I am? I typed into google and asked, "what makes someone something" its **AI** generated response came up with "in essence their unique personality their skills their achievements their values or combination of these it's the qualities and attributes that define and differentiate that person from others making them an individual". So, if my personality changes depending on who I'm around how is it unique? what skills do I have that set me apart from others? What achievements have I made? What are my qualities and attributes?

Honestly, I've struggled writing this trying to think of answers for those questions. My personality isn't unique but it's relatable, all my friends feel safe with me because I can adapt to them, and they can see somewhat of a reflection of themselves in me. My skills may not be one in a million, but they get me through. My skills are not limited to what I've done but what I've experienced and seen others do for me, my skills are me learning others' behaviors positively and putting them into use. My achievements are limited in quantity but

not quality, I've grown as a person, used my horror and trauma to push me forward not backwards recently where I would've used them as excuses, I've come so far in such a little time and THAT is an achievement. My qualities are well known to others but scarce to me. "You are your own worst critic" is hitting a little too close to home right now, But I do know I'm kind, Loving, and willing. Regarding my Attributes, I'm resilient, Empathetic, and Trustworthy.

All these things make me up and it's okay I'm not one hundred percent sure who I am, but it will come to me. As of now I'm a family member, a friend, a significant other and a worshipper.

Sincerely, YOYO